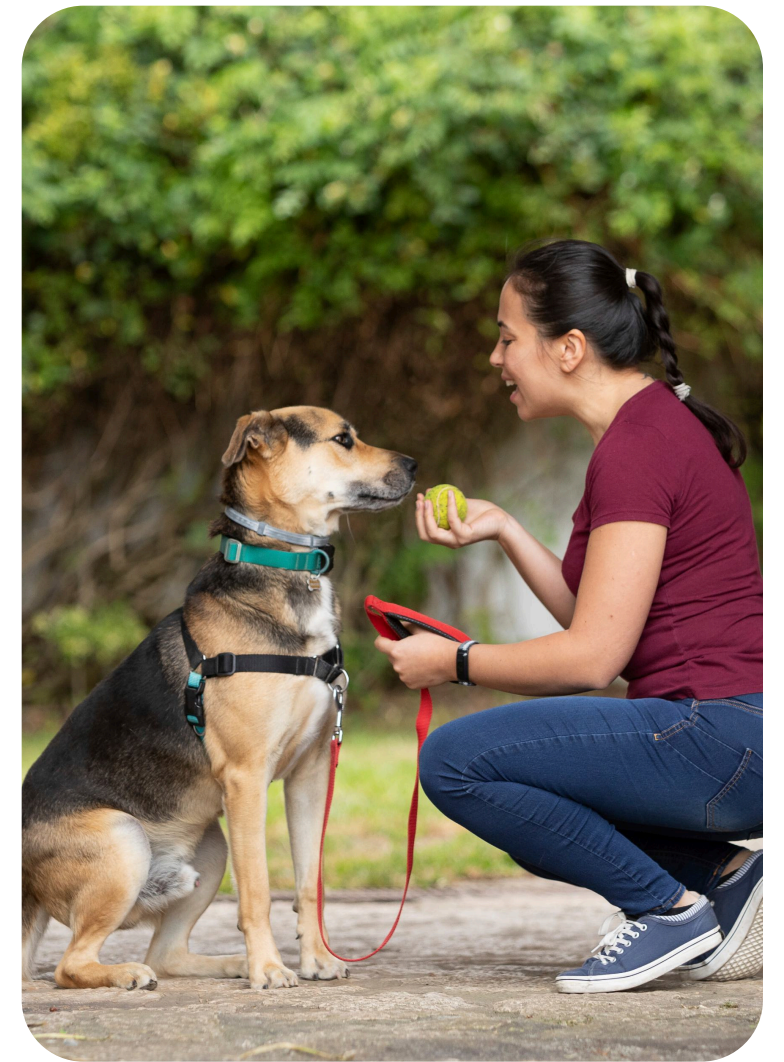


Pet training *do's and don'ts*

Training your pet is about more than good manners — it's about building trust, creating healthy routines, and strengthening the bond between you and your furry (or feathered, or scaly!) family member. Whether you're working on basic commands, curbing unwanted behavior, or teaching fun new tricks, a little time and patience go a long way. The right approach can help keep your pet happy, safe, and confident — and daily life smoother for everyone.



Do:

- ✓ **Reward good behavior.** Praise, treats, or play help your pet know what you want them to do again.
- ✓ **Keep it short and fun.** Short, daily sessions (5–10 minutes) keep your pet engaged and learning.
- ✓ **Be consistent.** Use the same words and signals every time so your pet doesn't get mixed messages.
- ✓ **Practice in different places.** Work on commands at home, in the yard, and around distractions to build confidence.
- ✓ **Socialize early and safely.** New sights, sounds, and friendly faces help your pet feel comfortable in new situations.
- ✓ **Celebrate small wins.** Progress might be slow, but every step forward is worth rewarding.

Don't:

- ✓ **Yell or use force.** Punishment can make behavior worse and damage your pet's trust in you.
- ✓ **Don't rush training.** If your pet seems confused or frustrated, slow down and revisit basics before moving on.
- ✓ **Mix up commands.** Switching words or gestures mid-training will just confuse your pet — keep it clear and simple.
- ✓ **Expect instant results.** All pets learn at different speeds — patience helps good habits stick.
- ✓ **Ignore bigger issues.** For aggression, anxiety, or special needs, a certified trainer or behaviorist can help you and your pet succeed.

Training takes time, but you don't have to do it alone. Wellthy's Care Team can connect you with trusted trainers, local classes, or specialists for unique needs — so you and your pet feel supported at every stage.