

# Wellthy's Support for Health Conditions

Managing a health condition, for yourself or a loved one, often involves juggling many tasks. From finding the right specialists to staying on top of treatments and appointments, there's a lot to manage. Having a trusted partner to help you stay organized and advocate for your needs can make all the difference.

At Wellthy, we provide compassionate, hands-on support to ease the day-to-day complexities of managing health conditions. Whether you need help coordinating care, handling medical bills, or finding emotional support, we're here to lighten the load.









#### HOW WELLTHY CAN SUPPORT WITH HEALTH CONDITIONS

### Medical

- Finding and scheduling appointments with providers, specialists, and in-home aides
- Assisting with prior authorizations, prescription management, and medication tracking
- Researching alternative or complementary treatment options
- Coordinating the transfer of medical records and handling referrals
- Providing pre-appointment reminders and post-visit check-ins

# **Financial**

- Verifying insurance coverage and navigating out-ofpocket costs
- Supporting with medical bill disputes, appeals, and resolving billing errors
- Researching financial assistance programs for treatments and care
- Locating legal resources for health-related needs and guidance
- Offering guidance on Medicare, Medicaid, and other insurance options

# **Housing & Transportation**

- Locating mental health services and therapists with expertise in specific health conditions (e.g., cancer, Alzheimer's)
- Finding support groups and community resources for individuals and caregivers
- Connecting families with social programs and inclusive activities
- Providing guidance on managing the emotional toll of chronic illness and caregiving

## **Advocacy**

- Attending appointments virtually to advocate for your loved one's needs
- Ensuring physicians have access to the most up-todate records and test results
- Helping families access and understand relevant legal resources related to health conditions

Ready to talk to a Care Coordinator about support for health conditions?

Visit **join.wellthy.com/slug** and click 'Activate my Account' to get matched with a dedicated Care Coordinator today.